

Your Fertility Consultation Worksheet



Be Prepared

What questions do you have before your consultation?



Doctor's Note

Space to take notes during your consultation:



Key Takeaways

What are your next steps after this meeting?



My Next Steps

How do I schedule follow-up appointments (i.e. testing, nutritional services, counseling)?

Do I need to request any medical records?

After meeting with your doctor, you will also connect with your nurse, navigator, and Insurance & Billing Advocate. Do you have any questions for them?

We have a variety of holistic fertility wellness services and support at Illume Fertility. Below are some of our offerings. Ask your Patient Navigator or visit illumefertility.com for more info.

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| <input type="checkbox"/> Fertility acupuncture | <input type="checkbox"/> Individual and couples' counseling |
| <input type="checkbox"/> Fertile Yoga | <input type="checkbox"/> Nutrition services |
| <input type="checkbox"/> Ladies' Night In support group | <input type="checkbox"/> Private Facebook groups |